

## Love & Logic Overview

***Entitlement: "The belief that it is someone else's job to make my life good"***

Things to remember when working with children:

- It's not our job to solve the problem. It's our job to promote problem-solving and give kids the template to see how it's done.
- It's better to handle problems well, than to handle them right away...it's okay to have time to think and delay consequences.
- Be powerful & warm, strong & caring at the same time.
- As soon as power struggles begin, academic learning ends.
- When a child begins to argue, go brain dead "this hurts my head, I care about you too much to argue" and walk away.
- Our goal is to build character and teach children to be responsible for their decisions and choices.
- Character is the foundation for life success and successful academics is a result of good character.

Sound Bites:

1. If I'm not prepared for a child's initial reaction to my new skills, I have no new skills.
- 2. The more words I use, the less effective I become.**
3. Kids yearn for the same limits they argue with us most about
4. Kids learn to make good decisions about big things by making poor decisions about the small things, and then experiencing the consequences.
5. Every time I tell a stubborn kid what to do, I hand them my power.
6. Never tell a stubborn kid what to do...describe what you're going to allow/do instead.
7. Anger and frustration make the problem mine. Empathy allows it to remain the child's.
8. There will never be enough rewards or consequences to get challenging kids to behave and learn if we're not first developing relationships.
9. Relationships make consequences work, relationships give consequences power.

## Some helpful language to use:

\*The louder a child gets, the softer you get\*

- You are more than welcome to \_\_\_\_\_ as soon as I see that you're ready.
- Uh oh, looks like you're not ready...
- I can allow/ we can/ you can \_\_\_\_\_ as long there are no problems.
- Uh oh, looks like we have a problem...
- You can try again when you're ready to \_\_\_\_\_
- I care about you too much to argue.
- I'll listen when your voice is calm.
- Wow, this is sad, I hope you can make yourself feel better, let me know if I can help with that.
- Hmmmm...what do you think you're going to do?
- I'm too upset to think straight, I make better decisions when I'm calm, we'll talk then, try not to worry about it.
- OH, I'm not sure I'd do that. I'd be concerned that something might happen that is not good and I care about you.
- OH no, that is a problem. I bet that's really upsetting. What do you think you might do to solve the problem? Would you like to hear what I've seen some kids try? Some kids decide to \_\_\_\_\_, how would that work for you? Try it next time.
- Would you like a hug?
- I've noticed that you (fill in blank describing something positive about child). I noticed that. Then walk away-

***Bring out the best in yourself to bring out the best in others!***